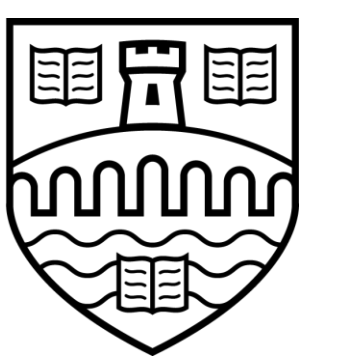


# Designing Homes for Healthy Cognitive Ageing (DesHCA)



## Problem

85% of older adults **would prefer to remain in their own homes** even if diagnosed with dementia.

Many people and professionals lack knowledge about **the role that home design and adaptation can play in supporting people living with cognitive impairment** as well as those experiencing changes in their mobility or function.

A stigmatised and limiting idea of what age inclusive design can look like can make **people feel like they need to choose** between a home they love and a home that supports them.

## Findings And Next Steps

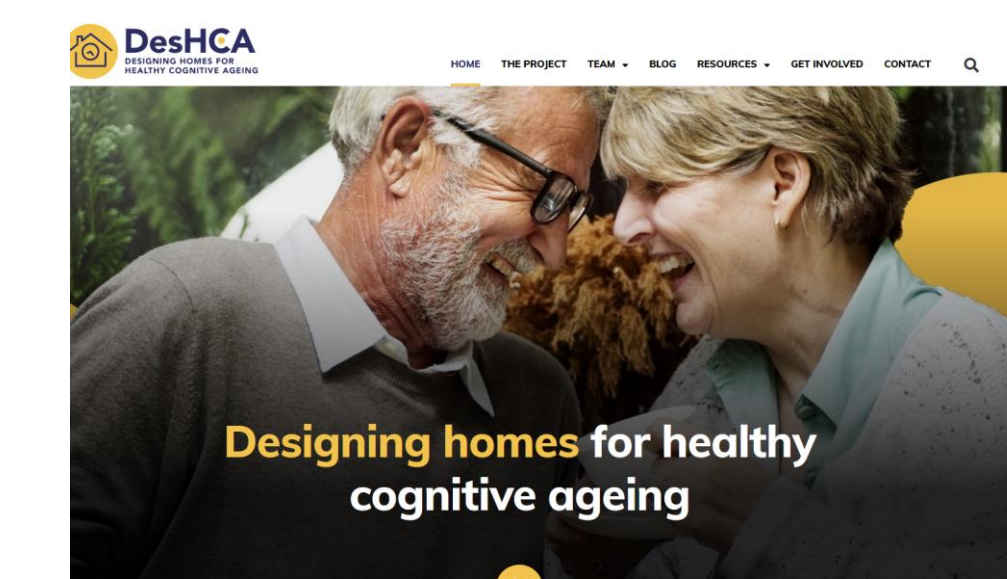
Flexible, desirable housing that people want to live in are needed: Options for adapting age friendly **housing that matches older peoples' lifestyles and preferences.**

**Improve public awareness** about the positive impact of age-friendly design and adaptations when preparing for later life. **Education for professionals and policymakers.** Redefine and expand adaptations criteria to include wider consideration of needs within the home.

**Reassess the language associated with home adaptations** to cultivate a positive expectation about what ageing at home can look like and challenge the aesthetics of clinical-looking adaptations.

## Legacy Tools

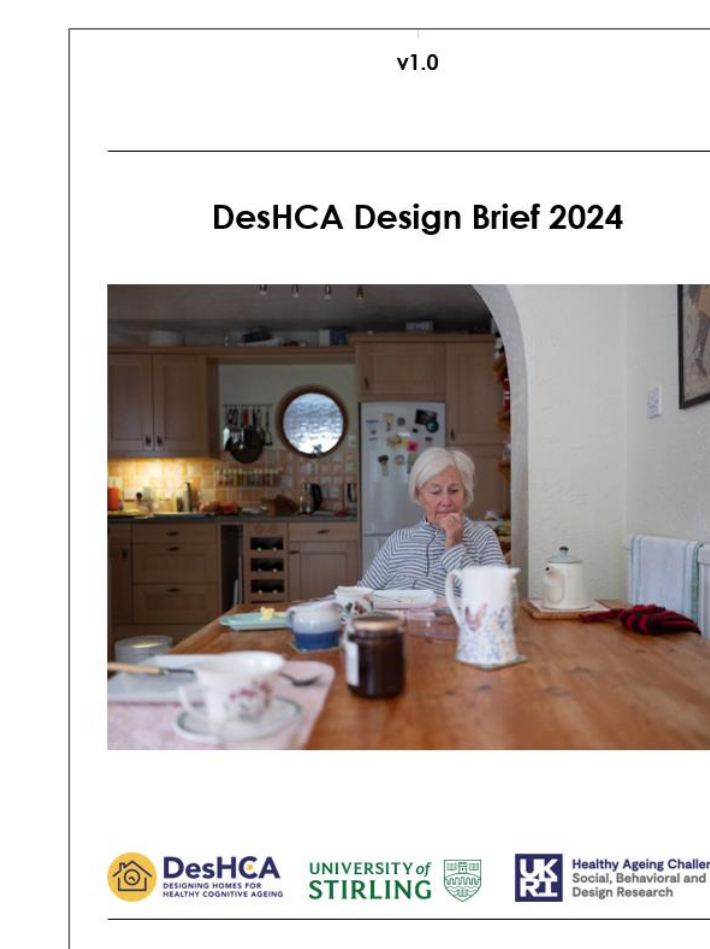
DesHCA is committed to sharing our evidence-based insights in formats that work for you. We are developing new resources including:



Website and online resources



Bespoke Game to Promote Creativity and Discussion



Design Brief



Evidence Based Advice for Futureproofing

And more tailored outputs like policy briefing, VR and physical demonstrators.

To join us in creating a more age-inclusive and sustainable future, reach out to us at

[deshcaresearch@stir.ac.uk](mailto:deshcaresearch@stir.ac.uk)

